

# Footsteps of American Saints



## Saint Elizabeth Ann Seton Award Workbook

This workbook can help you, but you still need to learn about the life of each saint.

The work space provided for each requirement should be used by the Scout to make notes for discussing the item with his counselor, not for providing the full and complete answers. Each Scout must do each requirement.

No one may add or subtract from the official requirements found at the National Catholic Committee on Scouting website: [www.nccs-bsa.org](http://www.nccs-bsa.org).

The requirements were last issued or revised in 2012 • This workbook was updated in September 2013.

Scout's Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Counselor's Phone No.: \_\_\_\_\_

Please submit errors, omissions, comments or suggestions about this **workbook** to: [Reatta3@aol.com](mailto:Reatta3@aol.com)  
Comments or suggestions for changes to the **requirements** for the award should be sent to: [www.nccs-bsa.org](http://www.nccs-bsa.org)

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### REQUIREMENTS

**Read about this saint. You can find the answers to these questions on [www.AmericanCatholic.org](http://www.AmericanCatholic.org). Feel free to use other resources.**

**1st - 5th Grades - Complete 4 requirements and 2 of the activities.**

**6th - 12th Grades - Complete 5 requirements and 3 of the activities.**

1. What distinguishes St. Elizabeth Ann Seton from all other saints before her? \_\_\_\_\_

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2. When did she become a saint? \_\_\_\_\_

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3. When is the feast day of this saint? \_\_\_\_\_

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4. What are some of the difficulties that St. Elizabeth Ann Seton had to endure during her lifetime? \_\_\_\_\_

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5. What are some of St. Elizabeth Ann Seton's accomplishments? \_\_\_\_\_

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6. St. Elizabeth Ann Seton had two great devotions, what were they? Why were they important to her? \_\_\_\_\_

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ACTIVITIES

1. Discuss with your family or counselor some of the values that you admire most about St. Elizabeth Ann Seton. What is she known for? How can you be more like her? \_\_\_\_\_

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2. Draw a picture showing some of her accomplishments. Share this picture with your family.

3. St. Elizabeth Ann Seton had an ardent love for the Blessed Sacrament. Attend Mass and observe the parishioners receiving the sacrament of the Eucharistic. Discuss with your parents or counselor your experience seeing and/or receiving the Eucharist. What does it mean to you? \_\_\_\_\_

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4. Elizabeth Seton told her sisters, "The first end I propose in our daily work is to do the will of God; secondly, to do it in the manner He wills it; and thirdly, to do it because it is His will." Perform a service to your Church that you feel best represents what is meant by this quote. \_\_\_\_\_

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